

**ANGER**



*WHAT IS ANGER?*





# *Defined*

- “A strong feeling of displeasure; syn. wrath, ire, rage, fury, indignation” – *The Merriam-Webster Dictionary*
- “A strong passion or emotion of displeasure or antagonism, excited by a real or supposed injury or insult to one’s self or others, or by the intent to do such injury” – *Webster’s Dictionary*
- Eph. 4:26-27, 31 – “Be angry (**orgē**), and do not sin”: do not let the sun go down on your wrath (**parorgismos**),<sup>27</sup> nor give place to the devil...<sup>31</sup> Let all bitterness, wrath (**thumos**), anger (**orgē**), clamor, and evil speaking be put away from you, with all malice.”





# *Anger – Ephesians 4:26-27, 31*

- Stages of anger:
  - Orgē – anger, a reasoned state of mind which is aroused or provoked to the point of being indignant or enraged – Mk. 3:5,6
  - Parorgismos – (stronger form of orgē) a cherished anger, embittered wrath harbored and brooded over with strong emotion
  - Thumos – wrath, passion, heat, anger that boils up (strongly) and erupts suddenly and then soon subsides
- Nature of Anger:
  - We can be angry, possibly very angry, and not sin
  - Avoiding sin requires anger to end in our hearts by nightfall
  - Because of the danger, anger and wrath are to be put out of our life.

*WHEN IS ANGER SIN?*



A vertical flame on the left side of the slide, with orange and yellow flames rising against a black background.

## *Anger Becomes Sin...*

- When it is easy and habitual – Jas. 1:19-20; Eccl. 7:9
- When it results in contemptible words and actions – Matt. 5:22; Jas. 4:11-12
- When it is motivated by jealousy and pride – Luke 15:28-32; Eccl. 7:8
- When it flares up in heated passion, even if it quickly subsides – Gal. 5:19-21; Lk. 4:28-29
- When it keeps us from forgiving others as Christ has forgiven us – Eph. 4:31-32; Matt. 6:12, 14-15