



How to Affair-Proof Your Marriage — Pt. 2



*Avoid
Temptation*



Don't Go Down the Path

- This is a top priority in avoiding infidelity – Prov. 7:24-27
 - The most important step after making a covenant with your heart and eyes
 - Why? You can't flirt with sexual temptation and come out unscathed – Prov. 6:27-29
 - Can't listen to Satan who wants you to think "What's the harm? We are just talking."
- Must avoid it any way you can – Prov. 4:14-15
 - You must avoid establishing close friendships with the opposite sex
 - If attracted to one not your spouse, you must "nip it in the bud!" – Prov. 5:8; 1 Cor. 6:18; Gen. 39:7-12; 2 Sam. 11:1-4

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Things to Avoid with those Not your Spouse

- Long, intimate conversations
- Being alone with them
- Having lunch together with them
- Lingering when you shake hands
- Close contact (hugging, etc.)

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May Require Drastic Measures

- Change your telephone number
- Refuse to talk with this person
- Change or quit your job
- Move to another home
- Move to another city
- **Drastic?** Maybe...but necessary – Matt. 5:28-30



*Put a Bridle on
your Tongue*



You Must Control Your Tongue

- An uncontrolled tongue will ruin one's relationship with God – Jas. 1:26
- Being lax with your tongue can set *fires* that are difficult, if not impossible, to control – Jas. 3:2-8
- By your words you will be justified or condemned – Matt. 12:36-37



Controlling Your Tongue Requires

- No flirting
- Take care concerning the complements you give
- Not talk about intimate things
- If attracted to another, never tell that person how you feel
- If dissatisfied with your spouse...
 - Never complain about him/her unless you have discussed it with them.
 - Never complain to the opposite sex



*Keep your hands to
yourself*



Avoid Unnecessary Touching

- It was good advice from your mother and teachers, and it is good advice to help affair-proof your marriage.
- Affairs will not likely start if you avoid touching
 - Treat others as if brothers or sisters in Christ...*with all purity* – 1 Tim. 5:1-2
 - *Never kiss someone of the opposite sex* (who is not your spouse) unless it is your parents, sibling, or child!



Conclusion

- I cannot emphasize enough how important it is for the married to learn and apply these steps.
- To affair-proof your marriage, you need to...
 - Do whatever it takes to avoid temptation...even if it requires drastic measures
 - Put a bridle on your tongue
 - Keep your hands to yourself